



## Emotional Literacy for Vocational Education and Training

*The EL4VET newsletter...updating you on emotional literacy...*

**Edition 2**

### TRANSFER WORKSHOP IN BULGARIA

The EL4VET transfer workshop was held in Sofia, Bulgaria on 9<sup>th</sup> and 10<sup>th</sup> June 2011. Teachers and trainers from public and private schools and training organizations as well as university lecturers attended the workshop. Dr Richard Majors and Mr Rob Larkin presented the **Toolkit for Emotional Literacy** and the supporting tools. The participants in the workshop had the opportunity to test some of the tools with the support of the lecturers.



At the end of the workshop the main concepts included in the toolkit as well as the usefulness of the products in the national context were discussed. The participants agreed that the products are applicable to the context in Bulgaria and could have a very positive impact on the teachers and trainers performance at work.

### TRANSFER WORKSHOP IN MALTA

The transfer workshop on 'Emotional Literacy in VET teaching' was held at Paragon Limited, Malta from 23<sup>rd</sup> to 24<sup>th</sup> June 2011. The workshop was judged a great success by both the facilitators and the trainees with everyone contributing to a very useful exchange of information. The two days workshop facilitated the participants to enhance their understanding on emotional literacy skills and tools which should be applied in the current educational scenario and to enhance their knowledge on how the tools, competencies and products can help them to attain high student achievement and retention rate as it is directly linked to the interpersonal skills of the teachers in the classroom.



The trainees suggested the need of publishing the innovative tools developed by the City of Wolverhampton College in different online media so as to raise awareness on the existence and availability of these products and to be used as diagnostic tools by teachers. Many mentioned that they would be recommending that their colleagues attend the upcoming training workshop. The trainees highlighted the significance of adapting the training material and the three EL tools according to the cultural context of the VET teaching system in Malta.

It is worth mentioning that one of the participants asked permission to bring two of his colleagues on the second day of the workshop as he found it very fruitful.

# EL4VET

Emotional Literacy Vocational Education and Training

## Emotional Literacy for Vocational Education and Training

**Emotional Literacy** is the ability to identify and understand not only your own emotions but the emotions of others.

Emotional Literacy can be a useful tool to assist anyone in situations that require patience, control or perseverance. Emotional literacy then is concerned with both the interpersonal and intrapersonal skills needed to be resilient, manage difficult situations, communicate more effectively and develop better relationships.

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[www.el4vet.eu](http://www.el4vet.eu)



Lifelong Learning Programme

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