



Emotional Literacy for Vocational Education and Training

The EL4VET newsletter...updating you on emotional literacy...

Edition 5

PILOTING TELS IN CZ



Following The tool TELS was piloted in January 19-20, 2012 in Ostrava, Czech Republic.

It was a very positive fact that some participants were already very familiar with the project EL4VET No. 2010-1-GB2-LEO05-03477 – they participated in transfer workshops last year, too.

The group of people was very optimistic because they wanted to gain new inspiration for an efficient training of adult people, mainly unemployed women. New approaches are desired because emotions play a crucial role in such a target group. Emotions, emotions, emotions.....

How to use them in the best way? The selections of emotions to some ones, the answering of questionnaire, the discussion and a very interactive way of the piloting contributed to the enthusiastic acceptance of the project EL4VET and its tools. Participants were very interested in having the possibility to exploit the results of this project and they believe that they will be able to apply them in their practical professional life.

POLISH PILOT WORKSHOP

The second workshop was delivered by University of Lodz on 9th and 10th January 2012 to 13 participants: school teachers (5 people), teacher trainers (5 people), school pedagogues (2 people) and school psychologist (1 person). During the pilot, national workshop the participants had an opportunity to become familiarize with the Emotional Literacy (EL) methodology and tools. On the first day they got a very brief view of emotional literacy both from the historical and project point of view. Besides, especially during the second day, they had a chance to develop their practice and try to become more emotional literate. They enjoy role playing during the workshop, because firstly they can react to some typical difficult situation in a safe conditions and secondly they got feedback from people, who observe that and are experienced enough to suggest other solutions.



All participants were willing to participate actively in national dissemination and exploitation EL methodology and tools for instance by leading workshops for students and teachers, printing and delivering TEC to each teacher in their schools, so they can self-reflect and self-develop their practice and incorporating the tools into the opportunities that supports teachers and school principals in their daily work.



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NATIONAL PILOT TRAINING IN MALTA

On the 14th & 15th of December 2011 the Maltese National Pilot Training was held. The national pilot consisted of a training workshop followed by a roundtable session. During the group discussion the participants pointed out that the age gap between teachers and students may lead to increasing the boundaries between teachers and students as they have opposing values. This, with the combination of little personal and communication skills, is presently leading to a greater barrier between teachers and students. Teachers should find a good balance between knowing the students individually, and being able to hold a certain amount of discipline with them. The participants found Emotional Learning very interesting.

The tools were presented after the discussion. However, the ELRIT tool was questioned by the participants as they stated that it only speaks on negative emotions while positive emotions also need to be worked upon. They also pointed out the benefits of starting a new school year by creating an activity day as it will result in easier and more direct communication and between students and teachers and better interaction among students. They explained that the tools made them reflect on their behaviour instead of acting in a traditional manner and they found that teachers have to take more time to communicate with the students. Teachers are willing to improve but unfortunately they find that the problem lies within the root – the educational system itself.



The participants believe that EL can improve learning as there is better communication between teachers/trainers and students/trainees. The participants all agree that the understanding of EL will help them to manage their group of students/trainees more effectively as they can apply different approaches depending on the receiver.

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